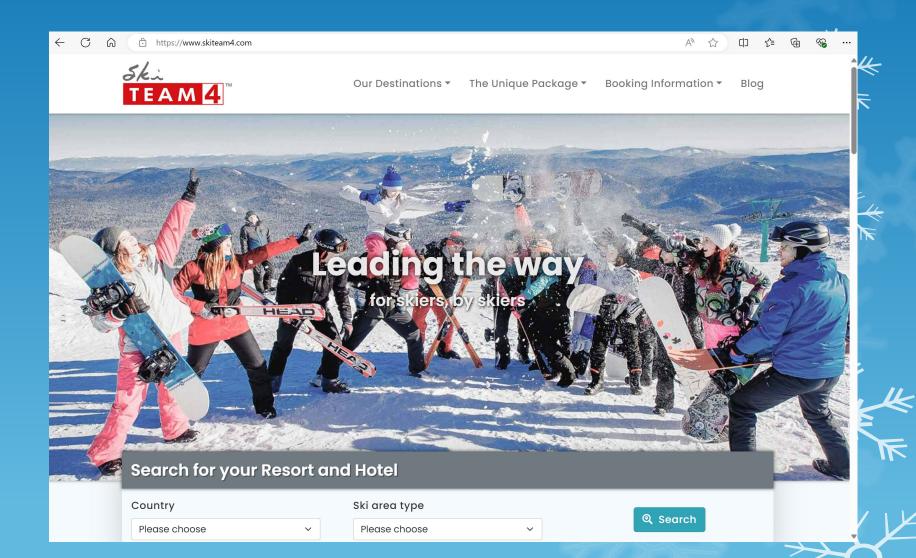
#### Northampton School for Boys Ski Trip To Hochkrimml (Austria) Friday 14<sup>th</sup> February 2025 to Saturday 22<sup>th</sup> February 2025



## SkiTeam4

### Jugendgästehaus Gerlosplatte









https://www.skiteam4.com/hotel-detail/jugendgaestehaus-gerlosplatte/

# Typpical travel Itinerary

• Friday 14<sup>th</sup> Feb

eb Depart NSB Time tbc Travelling by coach/ferry.

• Saturday 15<sup>th</sup> Feb tbc Arrive approx. 14:00

Ski fit + resort

orientation.

• Sunday to Thursday

Ski days.

• Friday 21<sup>st</sup> Feb

etails will be confirt

Ski then depart after late lunch.

• Saturday 22<sup>nd</sup> Feb

Arrive NSB 15:00 tbc











#### Kit List

- Ski suit/jacket/salopettes/trousers. • Three pairs of ski socks, several changes of underwear. • A warm fleece. • HOODIE - ONE IS INCLUDED IN THE PRICE • WE ALL WEAR IT TO TRAVEL THERE AND BACK! • Several t-shirts, long and short sleeved. • Après ski wear. Jeans, jogging bottoms etc. • Wash bag and toiletries. Nightwear/ Towels. • Sun block and lip salve. • Good quality sunglasses or ski goggles. • Warm hat and ski gloves. • One pair of outdoor trainers and one pair of indoor shoes. • Drink bottle and some bin liners. • Small rucksack for drink/snack.
- Expensive items are taken <u>at your own risk</u>.











#### Ski Kit

- Ski equipment included in the price are skis, poles, ski boots and helmets compulsory!!!
- The jacket and trousers/salopettes must be made for skiing.
- What you need on the slopes:

LAYERS! Under ski jacket and trousers, you need leggings (If sun not out), long sleeved T-shirt, fleece/sweatshirt, ski gloves, sun cream and sunglasses/goggles.

- Where to get it.
  - Vinted
  - Xscape, Milton Keynes.
  - TK Maxx
  - Bestbuys, Wellingborough.
  - Decathlon is fantastic Rushden Lakes.











Risk Assessment

• Each stage of the trip has been thoroughly risk assessed.

From the coach to resort, on the slopes, après ski and the return.

• However, skiing is a medium risk activity.

• Equivalent to 6 days of PE lessons.

• Contingency plans will be discussed.

• Our RA will be signed off by our visit advisor.









# Points Of Good Practice

- Travel groups and buddy system.
- Pocket money. £60 approx.
- The contact in this country will be available 24 hrs a day to both parents and staff on the trip. Emergency use only.
- On the trip risk assessment will be on-going.
- Pupils to be made aware of emergency plans.
- Information cards.
- Medical/Dietary issues.
- If your son may need medication (other than paracetamol/ibuprofen) on the trip, please pack some with a letter authorising us to administer it.
- Location of staff rooms.









• Pupils' names will be on their doors.

• Contingency fund.

• Parents made aware of destination details, and how to contact their child in case of emergency.



#### Code Of Conduct

- All pupils must show courtesy and respect to all members of staff, ski instructors, and other adults at all times. They must also behave in a sensible manner.
- Normal school rules apply. In particular due to the nature of the trip it is imperative that pupils follow instructions first time given.
- Pupils must wear seatbelts when on the coach.
- Under no circumstances should pupils ski unsupervised.
- Under no circumstances are pupils allowed to leave the hotel unsupervised.
- Pupils must carry their Information card with them at all times.
- Pupils must be responsible for their own safety and that of their buddy, and ensure that they never go anywhere alone.



#### Administration

To come on the trip, you need the following things:

- An EHIC or GHIC (Global Health Insurance Card)
- It is free so beware sites which charge you
- Google GHIC and follow the .gov or NHS website links
- A valid passport which has a date of expiry longer than 3 months from date of the day we plan to return

#### I also need:

- A completed consent form, including a EHIC/GHIC copy and passport copy submitted through the Evolve portal.
- Payment!



#### **Final Information**



•NB: The travel company insist that students take one soft holdall type bag - No hard suitcases!



#### First Time Skier Taster Sessions at SnoZone MK

• Completely optional

- Useful so boys get used to the kit and sliding and stopping
- Cost £40 approx
- Previously it has run as follows:
- 60 boys wanted to take this opportunity
- 4 groups of 15,
- 4 dates in November and December
- Each session 17:00 19:00
- Leave 16:00 Return 20:00
- School minibus
- If interested scan QR code in the atrium on way out if you haven't already
  Mr Elder will then organise



# Any Questions?



This presentation will be on the website and on Evolve.

If you want to see me about something, I will be around at the end. Please contact me at school if something occurs to you later.

twinfield@nsb.northants.sch.uk





